

## **CC6 RACE 4**

Wessex Road Runners & Lordshill Runners invite you to Race 4 of the series.

**Date**            **11<sup>th</sup> December 2016**

**Time**            **09 : 30**

**Venue**           **Fritham**            **Grid Ref. 247 135**

**Very soft going**, some gravel tracks, open heathland and woodland paths. Spikes not recommended.

No changing facilities or toilets

Distance is 8K approx.

Parking at Janesmoor Pond, approximately 1K North of the Kings Garn Gutter Race Car Park at Stoney Cross.